

## **How to Navigate the My Life Talks App**

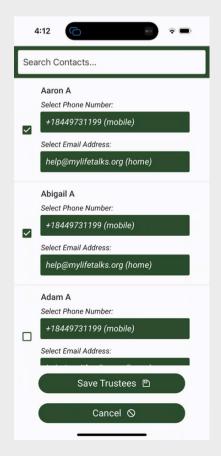


Welcome to the My Life Talks app! This guide will walk you through the basic navigation and key features, helping you get the most out of our platform.

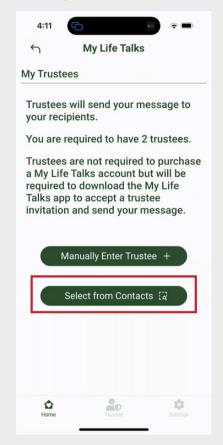
#### Tap the + button in the top right to begin adding trustees



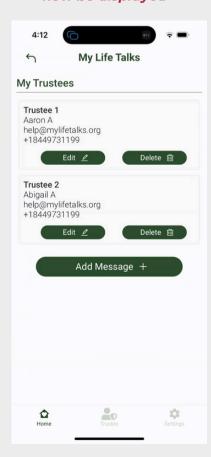
## Select two trustees that will send your message to your recipients

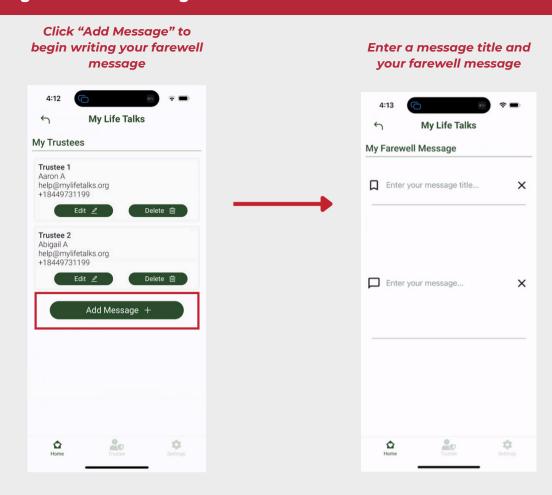


# Choose to manually enter trustees or select them from your contacts

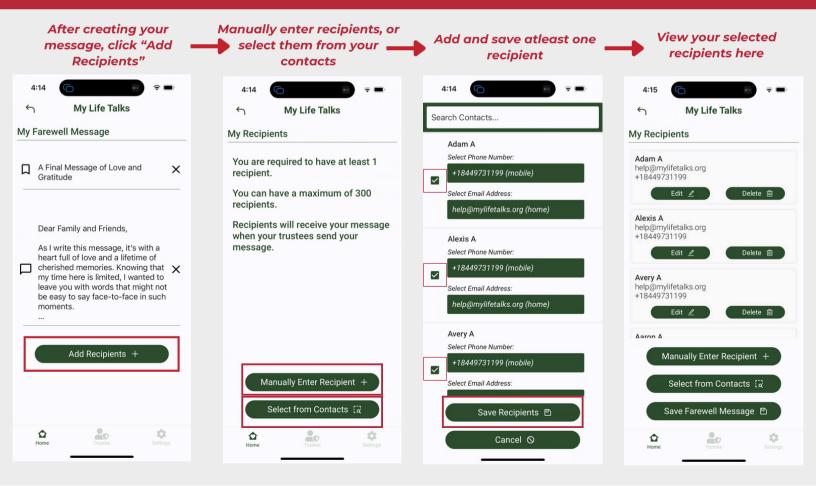


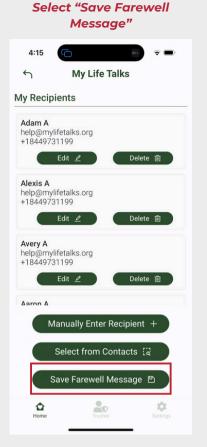
### The chosen trustees will now be displayed



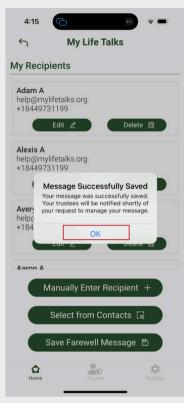


### **Step 3: Selecting Recipients**

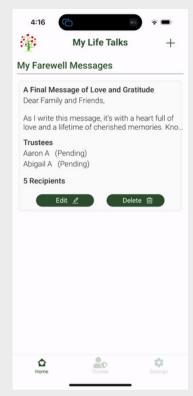








View, edit, or delete your farewell message



You've now learned the basics of navigating the My Life Talks app! Explore our features to connect and share your life events with those who matter most.

### Need help?



**Email us** 

Help@MyLifeTalks.org



(844) 973-1199



